MILWAUKEE COUNTY



MEALS ON WHEELS

AEALS WHEEL

NOVEMBER

IEALS ••• WHEEL

Department on Aging	14			AMERICA
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	ELECTION DAY 3	4	5	6
Hungarian Goulash	Grilled Burger/Bun	Turkey à la King	BBQ Pulled Pork	Teriyaki Chicken
Buttered Egg Noodles	w/Mushrooms & Swiss	Brown Rice	Kaiser Roll	Fried Rice
Mediterranean Veggies	Baby Baker Potatoes	Pea Pods	Hashbrown Casserole	Oriental Vegetable Blend
Crusty Bread	Stewed Tomatoes	Romaine Salad Mix	Whole Kernel Corn	Whole Grain Bread
Baker's Choice Cookie	w/Onions & Peppers	Dressing	Red Cabbage Slaw	Apple Juice
♥ Raisins	Chocolate Chip Cookie	Buttermilk Biscuit	Pickle Spear	Sugar Cookie
	♥ Red Delicious Apple	Banana	Peaches	→ Mandarin Oranges
Chicken Primavera	Peachy Pork Roast	VETERAN'S DAY 11 Roast Beef/Gravy	Ring Bologna	Baked Fish
Penne Pasta Alfredo	Mashed Sweet Potato	Baked Potato Casserole	German Potato Salad	Lemon Sauce
Brussels Sprouts	Cauliflower w/Dill	County Style Vegetables	Green/Wax Bean Medley	Baked Potato/Sour Cream
Harvard Beets	Multi-Grain Bread	∵ Grape Juice		Baby Peas
Italian Bread	Rice Krispie Treat	Wheat Bread	Whole Grain Dinner Roll	Coleslaw
Blushing Pears	Fresh Fruit	Dutch Apple Pie	Snickerdoodle Cookie	Marble Rye
		→ Apple	❤ Orange	Applesauce
Lemon Garlic 16	Honey BBQ Riblet 17	Meatloaf/Gravy 18	Omelet 19	Chicken Creole 20
Chicken Breast	on Coney Bun	Baked Potato/Sour Cream	w/Broccoli & Cheese	Red Beans & Rice
w/Sauce	American Potato Salad	Tossed Mixed Greens	Sausage Links	Crinkle Cut Carrots
Sweet Potatoes	Succotash	w/Dressing	Hash Brown Triangles	
Green Beans	Rye Bread	Rye Bread	Fruit Cup	Multi Grain-Dinner Roll
7-Grain Bread	Mandarin Oranges		✓ Orange Juice	Peach Crisp
Cinnamon Apple Slices		Pineapple	Coffee Cake	♥ Peaches
Boneless Pork Roast 23	Swedish Meatballs 24	Roast Turkey w/Gravy ²⁵	26	27
w/Gravy & Stuffing	Garlic Mashed Potatoes	Stuffing	THANKSGIVING DAY	
California Vegetables	Broccoli	Green Bean Casserole		
Spice Cake with	Sesame Egg Bread	Cranberry Relish		
Cream Cheese Icing	Fresh Fruit Cup	Dinner Roll		CLOSED
❤ Granny Smith		Pumpkin Bar		OLOULD
		Mandarin Oranges		
Meat Lasagna 30	\(DRC \)			ELIVERY ISSUES?
Italian Vegetable Blend	Aging & Disability Resource Center	SW2.1VX		
Sautéed Spinach	Aging Resource Cente (414) 289-6874	· * 1	■UJZI ∐A	DDRESS CHANGE?
Garlic Bread	Answers to all your questions on ag	ing VVV		
Grapes	60+ Suggested \$3.0		Axx;11 ⊔#	OSPITAL STAY?
	Contribution		JUWIII DA	ACATION HOLD?
	The state of the s	. Industries of Sou	theastern Wisconsin, Inc.	ACATION HOLD:

DEMENTIA

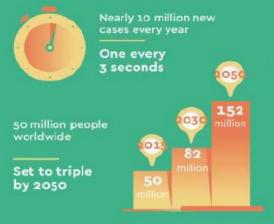


A public health priority

What are the symptoms?



Who is affected?



What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



What does it cost?

2015 ==

US\$818 billion: estimated costs to society in 2015

2030

US\$2 trillion



Majority of people who will develop dementia will be in low- and middle-income countries



Families and friends provide most of the care

Carers experience physical, emotional and financial stress



CONTACT YOUR MILWAUKEE COUNTY DEMENTIA CARE SPECIALISTS: dcs@milwaukeecountywi.gov or 414.289.6259